

February 28, 2020

SPECIAL ALERT

While there have been no confirmed cases of the coronavirus (COVID-19) in North Carolina, the Governor's Coronavirus Task Force urges all citizens and visitors to be prepared and take standard precautions that are recommended every year when traveling during cold and flu season.

Here's information we received from Visit North Carolina that you may wish to share with family, friends, colleagues, and customers.

STATEMENT FROM NORTH CAROLINA AND THE GOVERNOR'S CORONAVIRUS TASK FORCE

North Carolina is urging residents and visitors to be prepared at take precautions relating to the coronavirus (COVID-19). The state recommends that everyone monitor the NC Department of Health and Human Services' special weblink on the situation. Here is the link to the statement.

Residents and visitors can also find information from <u>the Centers for Disease</u> Control and Prevention.

NCDHHS recommends everyone continue taking precautions to protect themselves and others from the spread of respiratory illnesses, which includes COVID-19. Wash hands frequently with soap and water, and for at least 20 seconds each time.

- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are ill.
- Cover your mouth and nose with a tissue when you cough or sneeze.
- Do not reuse tissue after coughing, sneezing, or blowing your nose.
- Clean and disinfect surfaces that are frequently touched.

The CDC also has guidelines for best business practices.

All North Carolinians can better prepare for COVID-19 by getting up-to-date information directly from reliable sources like NCDHHS and the CDC. The COVID-

19 outbreak has been accompanied by a global flood of misinformation from unreliable sources. Be thoughtful about what you read or hear about the virus and make sure you are separating rumor from fact before you act.

For more information on COVID-19, please visit the CDC's website at cdc.gov/coronavirus. North Carolina resources can be found on the Division of Public Health website at ncdhhs.gov/coronavirus.



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